

# CLINIC FOR COLON AND RECTAL SURGERY, P.A.

115 Manning Drive, Suite D101, Huntsville, AL 35801

Phone (256) 533-6070 Fax (256) 533-9374

[www.ccrshsv.com](http://www.ccrshsv.com)

## ***\*Please read upon receipt\****

Any questions, please call (256) 533-6070, ask to speak to the Scheduler.

*Robert H. Campbell, Jr., M.D., F.A.C.S.*

*Javad Golzarian, M.D., F.A.C.S.*

*Stephen F. Clark, M.D., F.A.S.C.R.S.*

*Blake Spindler, M.D., F.A.C.S.*

**\*\*\*A minimum of a 2 business day notification required for cancellation. Failure to notify will result in a fee of \$50.00 for colonoscopy or a fee of \$200.00 for surgery.\*\*\***

You are scheduled for:

\_\_\_\_\_Huntsville Hospital Main. Report to Admitting, 1<sup>st</sup> floor (256-265-8000). Please be prepared to provide your insurance information.

\_\_\_\_\_Huntsville Hospital Women and Children (Huntsville Hospital East). Report to Admitting, 1<sup>st</sup> floor (256-265-7788). Please be prepared to provide your insurance information.

\_\_\_\_\_Crestwood Medical Center. Report to Admitting/Registration (256-429-4878). Please be prepared to provide your insurance information.

\_\_\_\_\_The Surgery Center, 721 Madison Street. Report to the front desk (256-533-4888). Please be prepared to provide your insurance information.

YOUR PROCEDURE DATE IS: \_\_\_\_\_.

YOUR CHECK-IN TIME IS: \_\_\_\_\_.

*\*Please be advised that if you have had any changes in your insurance since we last saw you, we will need to get a copy of your card and be notified of those changes. The medical facility where the procedure will be done does not supply us with that information. Incorrect billing information delays claim status and will result in your being billed for the procedure.*

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## **Magnesium Citrate Preparation for Colorectal Procedures and Surgery**

**PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY  
AT LEAST TWO WEEKS BEFORE YOUR PROCEDURE.**

Prescribed medications for heart disease, high blood pressure, and asthma may be taken prior to your procedure. All other medications, including diabetic medications, should be brought along with you to be taken after your procedure.

**DO NOT** take aspirin or aspirin-type products, such as Ibuprofen, Advil, Aleve, Nuprin, Motrin, Naprosyn, etc., **for at least one week prior to your procedure**. You may take Tylenol. If you are on Coumadin, Plavix, Heparin, or Aggrenox, or any other blood thinning medications please contact the physician who has prescribed it for you for further instructions.

Please advise the physician if you have a prosthetic heart valve or if you have a serious heart murmur. Also, please advise the physician if you have had any cardiac procedures within the last year.

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**PREPARATION INSTRUCTIONS MAGNESIUM CITRATE  
AND DULCOLAX TABLETS**

**\*\*YOU WILL NEED FROM THE PHARMACY: TWO 10 OZ BOTTLES OF MAGNESIUM CITRATE AND 2(Two) DULCOLAX TABLETS.\*\***

The day before your surgery or procedure, you will need to drink clear liquids **ONLY**.

Clear liquids include:

- Water, tea, coffee (no cream), soda
- Clear juice (apple, white grape juice)
- Jell-o (no red)
- Broth or Bouillon (chicken or beef)
- Popsicles (no red)
- Gatorade (no red)

**Drink at least 8 (eight) oz. of liquid every hour. You may have more if you desire.**

5:00pm - 2 (Two) DULCOLAX TABLETS with at least 8 (eight) oz. of clear liquid.

6:00pm - One bottle of MAGNESIUM CITRATE. (no red)

9:00pm - One bottle of MAGNESIUM CITRATE. (no red)

***\*\*\*\*You may have clear liquids until bedtime or midnight, whichever comes first. Have nothing by mouth the morning of your procedure, not even water.\*\*\****

If you have any questions or if there is any other way I can be of service, please don't hesitate to call.

# **COLONOSCOPY**

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Colonoscopy refers to the visual examination of the large intestine. It is performed with a flexible videoscope. The scope is advanced through the large intestine under direct vision using the scope's optical system. The procedure is viewed on a TV monitor. Photographs may be taken.

For adequate examination, special preparation of the bowel is required. Intravenous sedation is given and most people sleep through the procedure and have no recall of it. **Accordingly, after the procedure, you must have someone available to drive you home. You are not allowed to use public transportation to get to and from your procedure. The Clinic and Hospital policies state you cannot drive yourself home nor take public transportation after sedation for the procedure. Failure to follow these policies will result in your procedure being cancelled.** Colonoscopy allows visualization of the entire large bowel in over 95 percent of cases. It combines the advantages of examination, diagnosis (biopsies can be taken), and treatment (polyps can be removed) into a single procedure.

The procedure is safe. However, in rare instances, complications can occur which require surgery. Perforation of the bowel occurs in about one of 2,000 diagnostic procedures. Perforation can be due to the passage of the instrument in difficult cases and can follow the removal of polyps. Bleeding occurs after the removal of polyps in 1% of cases. This can usually be managed without surgery. The procedure should be done, therefore, only for sound indications.

Colonoscopy is an outpatient procedure. Patients return home afterwards and usually resume normal activities the following day. Diet is usually unrestricted after colonoscopy.

For more information on colonoscopy and on screening for colorectal cancer, please see our web site at [www.ccrshsv.com](http://www.ccrshsv.com).